



auberge du bois prin
chamonix mont-blanc

RELAXATION AREA





RELAX



Our spa reflects the ethos of our restaurant. Using only the finest organic ingredients, all our treatments are hand made on site. We focus on the aromas and health benefits of the many mountain plants that surround us, along with a specially chosen selection of more exotic fruit and nuts. Our well-being centre proposes you an outdoor swimming sauna, and a hot bath, with a beautiful view over the Mont-Blanc mountain.



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Access included with a treatment reservation.

BEAUTY TREATMENT

KOBIDO FACE TREATMENT

Japanese face and scalp massage.

A draining and lifting face massage.

A nourishing treatment for the hair.

Manual natural lifting !

60 minutes - 115 €

GOURMET FACIAL

A facial to purify and smooth your skin, sooth sensitive, irritated skin and light up your complexion, leaving you with a feeling of soft, supple relaxation.

70 minutes - 140 €

FRUITY FLAVORS FACIAL TREATMENT

Peach makeup removal, energy drainage with fig, and mask flavor of your choice.

45 minutes - 100 €





CARE FACE ANTI-AGE

ANTI OXIDANT FACE TREATMENT

Anti oxidant face treatment with vitamin C and hyaluronic acid.

Renovating and Vitamin care, revitalizing !

60 minutes - 145 €



ANTI AGING FACE TREATMENT

Anti aging facial treatment, with retinol and vitamins A and E.

Plumping and smoothing treatment.

60 minutes - 145 €

YOUTH CARE

For each face, its adapted youth care :

- Comforting Dermo Treatment
- Dermo lifting treatment
- Energizing Dermo treatment

30 minutes - 80 €

BEAUTY CARE

GOURMET WRAP

A body treatment that will leave you with perfectly hydrated skin, start with a hazelnut exfoliation and follow it with a warm vanilla body wrap.

60 minutes - 115 €

TOTAL RELAXATION WITH ARNICA AND JUNIPER BERRY

Massage to dissipate muscle tension of the body and face, and dissolve fatigue

90 minutes - 170 €

EXFOLIATION AND MASSAGE

Exfoliation using a fondue of salted butter and citrus fruits followed by a massage using apricot oil.

45 minutes - 100 € / 70 minutes - 140 €

SNOW DAY / RAINY DAY / DAY OFF

1h45 of complete relaxation with an exfoliation, a massage and a face treatment.

1 h 45 - 195 €

SLIMMING CARE

DETOXIFYING AND SLIMMING MASSAGE

Indulge yourself with a Macadamia nut exfoliation followed by an active toning massage that will help to reduce cellulite.

90 minutes - 180 € / 4 séances - 660 €

EXOTIC TREATMENT

THAI PLANT REFLEXOLOGY

Improve your blood circulation and benefit from total body relaxation.

50 minutes - 110 €





MASSAGES

MASSAGE AND RELAX MOUNTAIN TOP SYMPHONY

A full body and face massage to improve the sensation of well-being, this massage gives you a feeling of both relaxation and vitality. Eliminate tiredness and tension and activate your circulation.

60 minutes - 135 € / 30 minutes - 85 €

ARNICA MASSAGE

A relaxing and soothing muscular massage, ideal after a day of skiing or walking.

60 minutes - 135 € / 30 minutes - 85 €

HOT STONES MASSAGE

Using the heat and healing properties diffused from the Basalt stones this massage detoxifies your body and relaxes both body and mind.

60 minutes - 170 € / 30 minutes - 100 €

L'ENVOLÉE DES TENSIONS

Relieve, evacuates the stress and solves the dorsal tension.

30 minutes - 85 €

MY FIRST MASSAGE

Massage for children (from 3 y.o).

With apricot oil for girls, with hazelnut oil for boys.

30 minutes - 70 €

WAXING

Half leg	35 €
Full leg	45 €
Underarms	25 €
Lips or eyebrows	15 €
Maillot / Bikini / Full	30 € / 35 € / 40 €
Trio : half leg, bikini, underarms	80 €

On the other side of the Alps, in the heart of the Aosta Valley, we had an inspiring encounter, that of Dottor Nicola, specialist in natural cosmetology. Inspired by mountain plants and herbs, the phyto-cosmeceutical range of Dottor Nicola Farmacista © joins the Flocons de Sel Spa to offer its guests the best of nature.

Mountain water, extracts of medicinal plants, raw materials from the Alpine region and that's it. Medicinal in essence, nature is an open-air pharmacy and Dottor Nicola has understood this. In its serums, a highly concentrated formulation of the healing power of plants : Regenerating, relaxing, calming, anti-aging treatments.

The phyto-cosmeceutical range, meeting between cosmetic and pharmaceutical products, thus meets the specific needs of adult skin by using the active power of calendula, edelweiss, thyme or hyssop.

Products from Dottor Nicola Farmacista are available for sale, and are also in your welcome products in your room to further extend the moment of well-being !



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